

YOUR CHILD'S FIRST PHONE

Your child's first phone is a milestone worth preparing for together. Make sure you've covered these four essentials first. Scan the QR code for a plethora of resources to keep your child safe online!



<https://go.gov.sg/q116p5>

Set Parental Controls

Default settings are NOT child-safe. Set up **device settings and app-level controls** before handover, such as content filtering and location privacy.

Report Inappropriate Content

Guide children to recognise inappropriate content, and practise using **block and report** tools together.



SET

Have you set up parental controls and screen limits together?



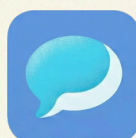
THINK

Does your child know how to interact respectfully online?



REPORT

Do they know what to report and who to tell?



ENGAGE & SUPPORT

Do they understand what to do if they encounter something that makes them feel uncomfortable online?

Think & Talk Before Harm Happens

Guide your child on how to interact online, and make it safe for them to come to you without fear.

Engage & Support at Home

Scroll together as a family and have on-going conversations about what they see online.



Guidance on screen use in children from Ministry of Health

MOH recommends no screens under 18 months, less than 1 hour daily for ages 18 months to 6 years, and less than 2 hours daily for ages 7 to 12—always with age-appropriate content and parental involvement.