

YOUR CHILD'S FIRST PHONE

Your child's first phone is a milestone worth preparing for together. Make sure you've covered these four essentials first. Scan the QR code for a plethora of resources to keep your child safe online!



Set Parental Controls

Default settings are NOT child-safe. Set up **device settings and app-level controls** before handover, such as content filtering and location privacy.

Report Inappropriate Content

Guide children to recognise inappropriate content, and practise using **block and report** tools together.



Think & Talk Before Harm Happens

Guide your child on how to interact online, and make it safe for them to come to you without fear.

Engage & Support at Home

Scroll together as a family and have on-going conversations about what they see online.



Guidance on screen use in children from Ministry of Health

MOH recommends no screens under 18 months, less than 1 hour daily for ages 18 months to 6 years, and less than 2 hours daily for ages 7 to 12—always with age-appropriate content and parental involvement.